

Ms Juana Montessori Home School

Snack Menu - February 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	1/28/2019	1/29/2019	1/30/2019	1/31/2019	2/1/2019
AM					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Milk Banana	Milk Berries	Milk Melon	Milk Apples	Milk Cold cereal
PM					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Milk Muffins	Milk Yogurt	Milk Waffles	Milk Apple sauce	Milk Bagels+cream cheese
Week 2	2/4/2019	2/5/2019	2/6/2019	2/7/2019	2/8/2019
AM					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Milk Banana	Milk Tangerines	Milk Melon	Milk Apples	Milk Cold cereal
PM					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Milk Gold Fish	Milk Cinnamon rolls	Milk Cereal bars	Milk French Toast	Milk Raisin bread
Week 3	2/11/2019	2/12/2019	2/13/2019	2/14/2019	2/15/2019
AM					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Milk Bananas	Milk Berries	Milk Melon	Milk Apples	Milk Cold Cereal
PM					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Milk Muffins	Milk Yogurt	Milk Waffles	Milk Apple sauce	Milk Bagels+cream cheese
Week 4	2/18/2019	2/19/2019	2/20/2019	2/21/2019	2/22/2019
AM					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.		Milk Tangerines	Milk Melon	Milk Apples	Milk Cold Cereal
PM					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.		Milk Cinnamon rolls	Milk Cereal bars	Milk French Toast	Milk Club Crackers/Cheese